

The Next Steps: Addressing Concerns about Your Child's Development

Are you concerned about your child's development? This quick guide provides information to connect families of young children in New Jersey with resources for evaluation, services, and support.



Health

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- **Discuss concerns** about development with your child's doctor
- **Schedule a developmental evaluation** through a Child Evaluation Center near you:
nj.gov/health/fhs/specialpediatrics/child-evaluation/contacts



Early Intervention or Pre-School Special Education

2

- **For children 0-3**, call 888-653-4463 to connect to Early Intervention
- **For children 3-5**, call Project Child Find (800-322-8174) to connect with your local school district



Mental/Behavioral Health

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- **Contact PerformCare NJ** for behavioral health and developmental disability services: <https://www.performcarenj.org/>
- **Contact NAMI NJ** for free mental health support, online groups, resources, and education: <https://naminj.org/>



Information & Referral

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- **Contact Connecting NJ** for referrals to community resources, programs, and services: <https://www.nj.gov/connectingnj/>
- **Contact NJ 211** for referrals to health and human service programs. NJ residents can dial 2-1-1 or visit nj211.org



Special Child Health Case Management

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- **Contact your county's Special Child Health Services (SCHS) Case Management Unit** for help accessing health care and other services for children and youth from birth through age 22:
<https://www.nj.gov/health/fhs/specialneeds/contacts.shtml>



Parent Support & Community Resources



Scan here to
access on our
website!



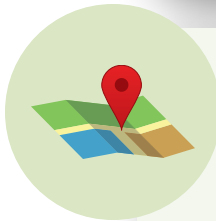
Parent to Parent Support

- **SPAN Parent Advocacy Network** provides assistance, training, and support on early childhood, education, health and mental health, human services, disability, transition to adult life, and family-professional partnerships. <https://spanadvocacy.org/>
- The **Mom2Mom Peer Support Helpline** connects moms of children and adults with disabilities with other moms trained in peer counseling and crisis support. <https://mom2mom.us.com/>



Family Support

- **Family Support Organizations (FSOs)** are family-run, county-based organizations that provide direct family-to-family peer support, education, advocacy and other services to family members of children with emotional and behavioral problems. <https://www.nj.gov/dcf/families/support/support/>
- **Family Success Centers** are county-based “one-stop” shops that provide wrap-around resources and supports for families before they find themselves in crisis. <https://www.nj.gov/dcf/families/support/success/>



Community Resources

- YMCAs
- Local recreation departments
- Faith-based communities
- Libraries

NJLEND is a designation of the Maternal and Child Health Bureau, Health Resources and Services Administration (Grant #T73MC49337). This program is supported by the Health Resources and Services Administration of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$2.6 million with 0% financed with non-governmental sources. The contents are those of the author(s) and do not represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov). **March 2025**