



ACTIVITIES FOR SUPPORTING MEANINGFUL DAYS AND EMPLOYMENT





There are many services funded by New Jersey's Division of Developmental Disabilities to support meaningful days and employment for people with developmental disabilities, and a variety of activities that can be offered under each service. Activities differ depending on the service delivery option even if they have the same or a similar name. This tool shows how some of these activities differ in focus and execution across service delivery options.

SERVICES & WHAT ACTIVITIES LOOK LIKE FOR EACH*

ACTIVITIES	DAY HABILITATION	PREVOCATIONAL TRAINING (INDIVIDUAL OR GROUP)	CAREER PLANNING	SUPPORTED EMPLOYMENT (PRE-EMPLOYMENT)	SUPPORTED EMPLOYMENT (JOB COACHING/LONG-TERM FOLLOW-ALONG)
 VOLUNTEERING (WHERE OTHER PEOPLE VOLUNTEER)	<ul style="list-style-type: none"> • Developing interests • "I like this" • "I don't like this" • helping my community 	<ul style="list-style-type: none"> • Identifying general skills, interests, and soft skills • "I may want to work in this type of job" • "I may want to change careers" 			
 JOB SAMPLING (TIME-LIMITED AND CONNECTED TO SITUATIONAL ASSESSMENT)			<ul style="list-style-type: none"> • Skill performance assessment • Connected to a situational assessment 	<ul style="list-style-type: none"> • Specific job skill performance assessment • Connected to a situational assessment • time-limited and short-term 	



* This is not an exhaustive list of activities within each service.

SERVICES & WHAT ACTIVITIES LOOK LIKE FOR EACH (CONT'D)*

ACTIVITIES	DAY HABILITATION	PREVOCATIONAL TRAINING (INDIVIDUAL OR GROUP)	CAREER PLANNING	SUPPORTED EMPLOYMENT (PRE-EMPLOYMENT)	SUPPORTED EMPLOYMENT (JOB COACHING/LONG-TERM FOLLOW-ALONG)
 JOB SHADOWING		<ul style="list-style-type: none"> • Learning about worksites and the reality of particular jobs (exploration) 			
 TECHNOLOGY	<ul style="list-style-type: none"> • Communication • Connection • Exploring interests • Exploring community happenings 	<ul style="list-style-type: none"> • Communication • Connection • Exploring jobs • Basic skills • Employment portfolio skills 	<ul style="list-style-type: none"> • Communication • Connection 	<ul style="list-style-type: none"> • Connection • Research job leads • Apply for jobs online • Use social media for opportunities 	<ul style="list-style-type: none"> • When related to a specific job duty or program
 COMMUNITY PLACES/ BUSINESSES	<ul style="list-style-type: none"> • Tours of places in the community (could be businesses) • Exposure/casual 	<ul style="list-style-type: none"> • Business/ workplace tours-planned and purposeful • General interest exploration 		<ul style="list-style-type: none"> • Going to businesses to apply for jobs or network 	
 ASSESSMENT	<ul style="list-style-type: none"> • Life skills assessment-general/leisure/recreation/ Activities of daily living (ADLs) 	<ul style="list-style-type: none"> • Interest assessment • Soft skills assessment (strengths, preferences and support needs) 	<ul style="list-style-type: none"> • Situational assessment (job task specific, completed by Employment Specialist) 	<ul style="list-style-type: none"> • Situational assessment (job task specific and completed by Employment Specialist) 	



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 SKILL DEVELOPMENT	<ul style="list-style-type: none"> • Communication • Following directions • Attending to tasks • Problem solving • Public transportation • Financial literacy • Activities of daily living (ADL) 	<ul style="list-style-type: none"> • Professional communication • Problem solving • Safety (work) • Attire (per environment) • Preparation of food/meds./bag (ADL for work) • Public transportation (available & general access) • Benefits/financial literacy education • Interview skills • work culture/expectations • Advocacy • Social media instruction • Identify job search tools • Learn about portfolios (general) 		<ul style="list-style-type: none"> • Related to direct job search • Specific problem solving (concrete job skills) • Portfolio development (tailored for job search) • Interview skills • Networking • Transportation (how to get to location) • Facilitate benefits counseling 	<ul style="list-style-type: none"> • Job requirements • Culture assimilation • Social components • Follow-along supports- access • Re-evaluation
 ASSISTIVE TECHNOLOGY	<ul style="list-style-type: none"> • For ADLs and general function 	<ul style="list-style-type: none"> • Assessing specific skill gaps in general workplace environments 	<ul style="list-style-type: none"> • Assessing career specific skill gaps or functional needs 	<ul style="list-style-type: none"> • Based on job analysis and job sampling 	<ul style="list-style-type: none"> • Accommodations for work as needed

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 <p>JOB CLUBS</p>		<ul style="list-style-type: none"> • Purposeful curriculum, classes, activities addressing the "why" and "how" of work 			
 <p>INFORMATIONAL INTERVIEWS</p>			<ul style="list-style-type: none"> • Performed by individual to learn more about a particular job they may be interested in pursuing further 	<ul style="list-style-type: none"> • Performed by Supported Employment staff or individual to help learn more about a particular job the person may be interested in pursuing further 	

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