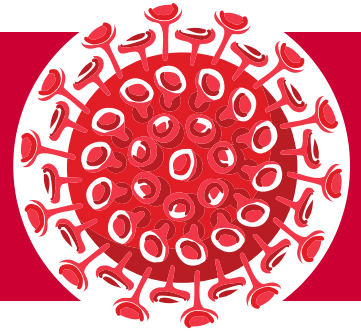


WEARING A FACE MASK: A COVID-19 SOCIAL STORY FOR ADULTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES



Face masks prevent the spread of COVID-19, a virus that can make people very sick. This social story can help you understand why face masks are important.



When I go out, I see lots of people wearing masks.



Masks help prevent germs from spreading.



I wear a mask to keep others healthy and safe from germs.



People wear masks to keep me healthy and safe from germs.



It is important to wear my mask when I go to the store, the doctor's office, and even when I visit my friends.



I want to keep the people I see healthy and safe from germs.



I want to keep my friends healthy and safe from germs.



I want to keep myself healthy and free from germs.



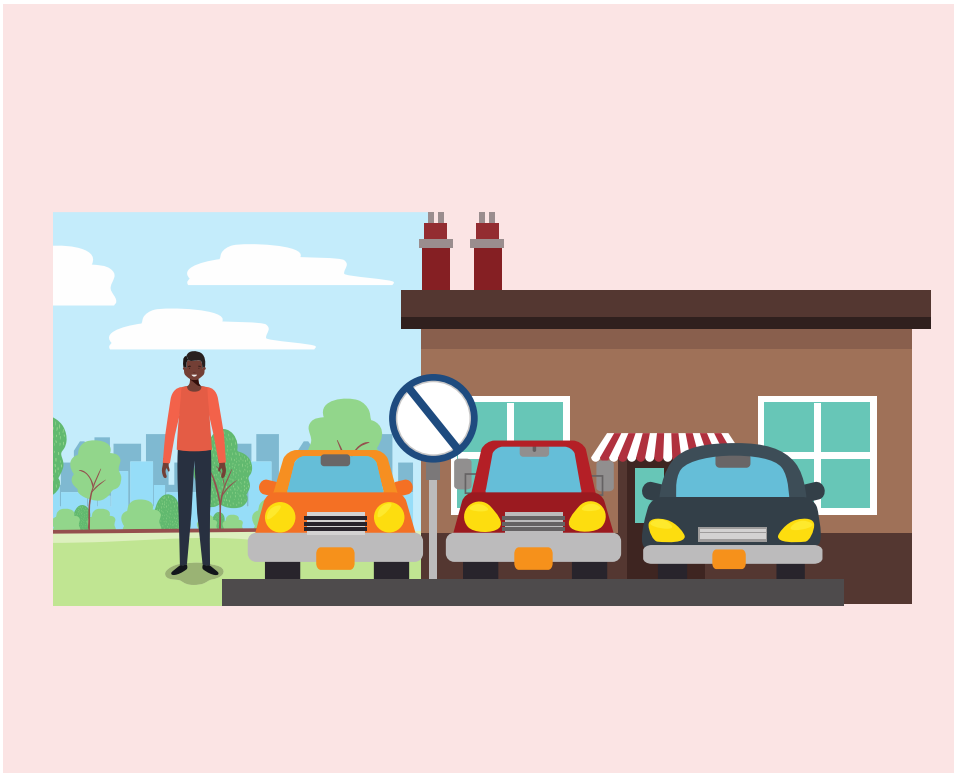
Sometimes masks come in different fabrics so I can choose a pattern I like or make my own.



If I get anxious or frustrated when I wear my mask, I can tell someone who supports me.



They will help me get to a place where I can safely take a break from wearing my mask.



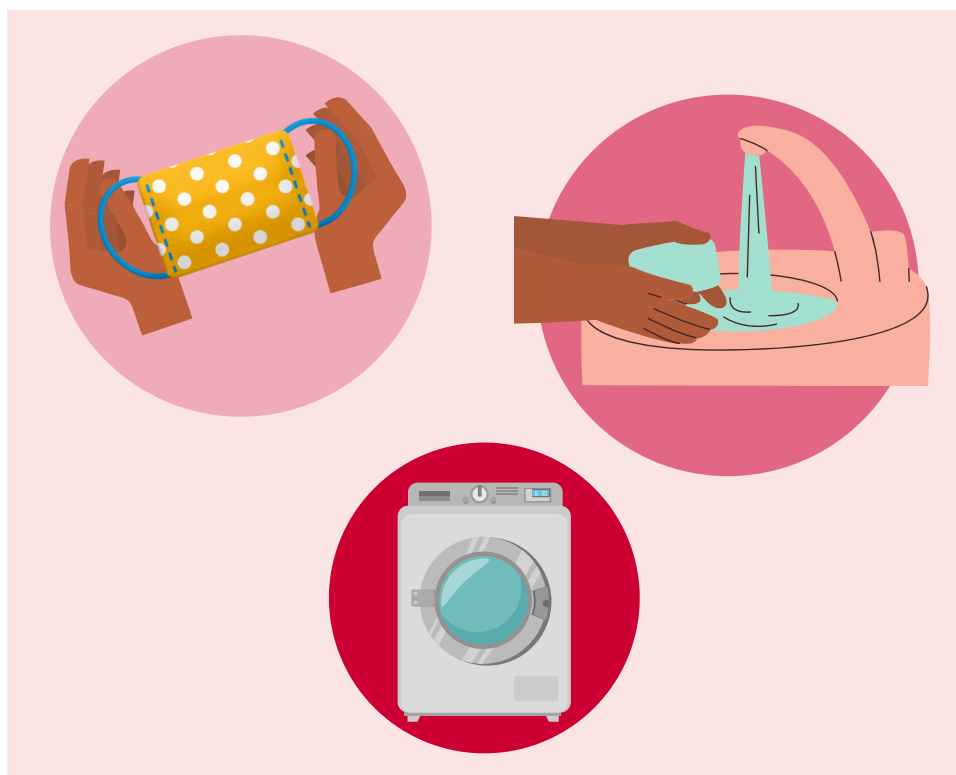
If I am out, I can go to the car or somewhere else where I am away from people to take my mask off.



When I am ready and need to be closer to other people again, it is important to put my mask back on.



Sometimes, I may see people without masks. I should try to stay at least 6 feet away from people whether or not they have a mask on.



When I get home, I take off my mask, wash my hands, and wash my mask if it is made of cloth.



I want to keep everyone healthy and safe from germs.

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RUTGERS

Robert Wood Johnson
Medical School

The Boggs Center on Developmental Disabilities
Department of Pediatrics
Rutgers, The State University of New Jersey
Liberty Plaza, 335 George Street
New Brunswick, NJ 08901

rwjms.rutgers.edu/boggscenter
p. 732-235-9300
f. 732-235-9330